



# 2023-24 ANNUAL REPORT

# 45k +

LIVES TOUCHED DURING DISASTER



@DFYINDIA

[WWW.DOCTORSFORYOU.ORG](http://WWW.DOCTORSFORYOU.ORG)

# Table Of Contents

- 04 Founder's Note**
- 05 President's Note**
- 06 Overview - Doctors For You Map 2024**
- 08 Introduction**
- 09 Journey**
- 10 DFY Projects of 2023 -2024**
- 11 Milestone achieved in 2023- 2024**
- 12 Achievements**
- 13 TB Project**
- 15 Disaster Response**
- 17 Maternal and Child Health Program**
- 18 Nutrition Program**
- 19 Cancer Program**



# Table Of Contents



- 21 Health Centres**
  - 28 Skill Development**
  - 29 Research**
  - 32 Health System Strengthening**
  - 33 Rare Diseases**
  - 35 Medical Mobile Units**
  - 37 Bridge the Gap**
  - 38 Ayushman Bharat**
  - 39 Internship/ volunteership**
  - 40 Governing Body & Management Team**
  - 41 News Paper Coverage**
  - 44 Testimonials**
- 

# FOUNDER'S NOTE

---



**DR RAVIKANT  
FOUNDER**

It is a significant milestone. Doctors For You has completed 17 years of dedicated services in public healthcare. When you see the Doctors For You (DFY) journey over the years, the last 4 years have seen remarkable growth and extensive scaling up of programs. As we look forward, it is of essence that we maintain the quality of our work and sustain the growth trajectory.

Being a founder, I want to underscore the sustainability measures of our organization. Planning to groom the next generation of leaders within our organization, investing in their development and providing them adequate opportunity to find their true potential could be a vital measure for the continuity of the DFY mission. Further decentralizing the decision making processes will empower the executives and enable fast track the progress. The added advantage would be innovations of context specific solutions to local healthcare challenges. Simultaneously, transparency and accountability in our operations will foster trust and efficiency among the communities that we serve.

I firmly believe that we have to be consistent in renovating and redefining our organization, anticipating and adapting to the future public health challenges. I wish to note with great pride that Doctors For You has been steadfast in fulfilling its commitments under the pioneering leadership of Dr Rajat Jain. I want to congratulate the DFY team, who have been immersively contributing to the DFY mission and vision. Their significant contributions have elevated DFY to an international platform in Paris, France, where we presented our innovations aimed at reducing TB prevalence across four Indian states. Personally, I had the honor of being part of that delegation, representing India on this global stage. It is also great to know that we have expanded our footprint from 25 states to 28 Indian States and 4 UTs. We are also building the International collaborations for research and academics. And DFY becoming part of NITI Aayog Champions of Change for Sampoonata Abhiya is an absolute privilege for our organization. This is appreciable that DFY values and treasures its partners recognising their crucial role towards comprehensive healthcare solutions.

Looking ahead, strategic measures are developed to meet the expectations of the public health system encompassing building capacity of the institutions, developing research capacity to generate evidence to contribute in the achievement of the Sustainable Development Goals, and laying out a collaborative network of communities, government, academics and CSR partners. Together, I realize that a robust framework of sustainability will help Doctors For You make meaningful contributions to public healthcare endeavors and ensure sustainable impact.

**BEST REGARDS**

**DR RAVIKANT**



# PRESIDENT'S NOTE

---



**DR RAJAT JAIN**  
**PRESIDENT**

Act now before it is too late to address the health risks posed by climate change. As a doctor, I understand that early climate actions are imperative to protect the health of the people from the climate risk, particularly of the vulnerable population which are most affected. It is necessary to take public health measures for a climate resilient health system.

Intersection of emergency response and healthcare is an important area Doctors For You (DFY) is working on. In 17 years, we have responded to more than 40 disasters nationally and internationally. After so many years, we have finally been able to set up Disaster Secretariats in 5 Indian States and a warehouse. They are strategically located to respond to any emergency situation from north to south and east to west. Disaster Secretariats have increased our capacity to monitor the situation better and respond faster, our average response time is less than 24 hours from earlier 2-3 days. In addition, we are also able to respond to the disasters which are local in nature and of importance to a particular state. Manipur Conflict Response was most challenging and was particularly focussed to meet the needs of maternal and child healthcare and adolescent health wellbeing.

Strengthening government healthcare facilities and ensuring health for all is the core of DFY mission. We believe that supporting the public healthcare system will create a much bigger impact than creating a parallel ecosystem. We have realized that strengthening normal time health care services will make the system resilient and enable it to respond and recover from health and disaster emergencies.

With our CSR partners and government support, we have expanded our footprint to 28 Indian States and 4 UTs from 25 states. New projects have been launched to cater to specific needs of a geographic area, context and target population. In the North East Region, Nursing college, District Hospitals, Labs, Healthcare Centres are undergoing upgradation. Rare Disease Patient Navigation initiatives are started in 2 States. Promoting Ayushman Bharat Digital Mission, we are working as an implementing agency for ABDM in 3 states with the state government and other development partners.

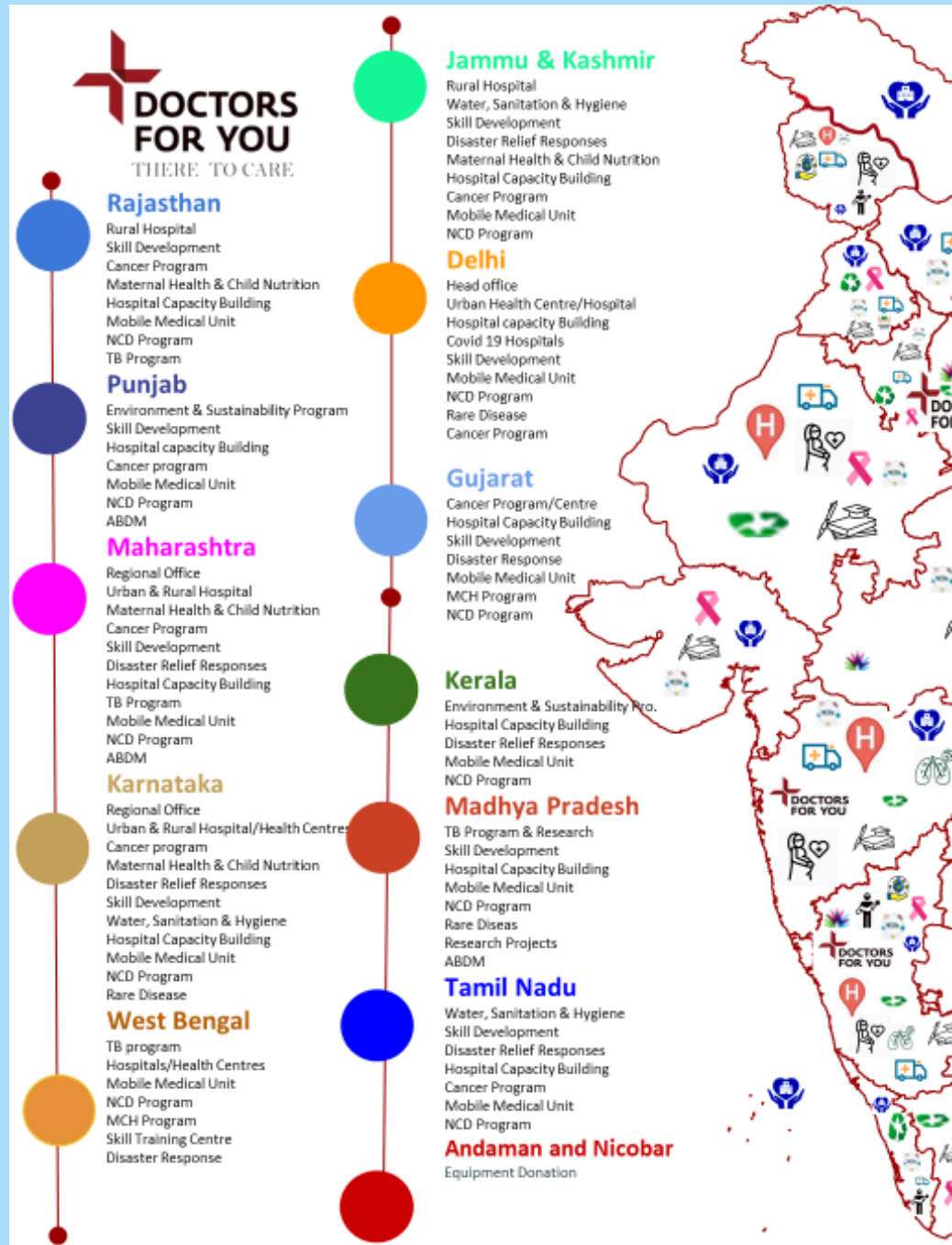
In this year, we have extended and diversified our many notable healthcare programs - Bridge the Gap, Tuberculosis program, Maternal and Child Health program, Cancer program, Nutrition, Primary Healthcare Centres, Skill Development, Mobile Medical Units, Community Engagement & Involvement initiatives to plug the gaps and improve public health care access in rural, urban and tribal areas. Currently, we are running health centers and benefited patients from marginalized communities, 7162 pregnant women & lactating women empaneled for ANC/PNC health Check ups & nutrition support, 164536 TB patients notified and ensured treatment adherence, 202669 Cancer patients supported with treatment & investigations, 3511 candidates trained as Hygiene Technicians, 55000 patients reachout with doorstep community based Mobile Medical Units in 17 states government hospitals provided infrastructure, renovated & high-end equipment.

Research remains fundamental through our "One Health" approach. Antimicrobial resistance (AMR), Genome sequencing, leDA (Digitally enabled MCH program), comprehensive tribal TB management, improving Trauma patients management in hospital based setting, architectural and housing pattern to reduce TB prevalence are some of the critical topics that DFY is focusing on its public health research. Translating ideas, generating evidence, knowledge creation, implementing research are underscored by 13 published research articles in collaboration with its academic partners.

We are delighted to share that Doctors For You is recognised as part of NITI Aayog - Champions of Change - Sampoonata Abhiyan. In the coming year, DFY looks forward to prioritizing the needs of Aspirational districts & aspirational blocks listed by NITI Aayog alongside research and public health programs. We are humbled to receive humongous, steadfast and massive cooperation from our CSR partners, government and community people. Million thanks for keeping your trust and faith in us. We respect and mean every word of our commitment given to the society and to our partner. Looking forward to more opportunities to work along to build a healthier present and future.

Dr Rajat Jain

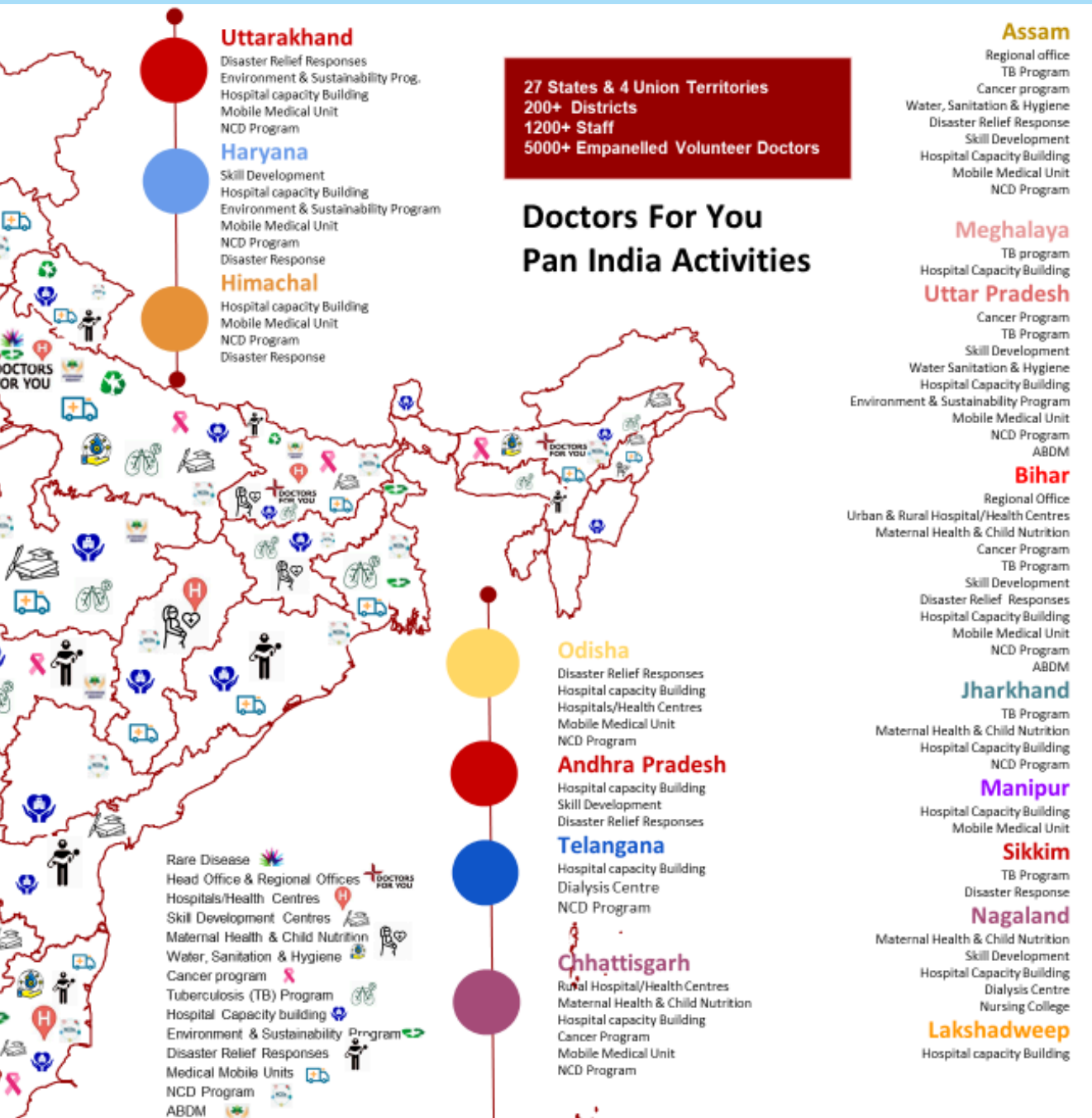
# DFY MAP 2024



2023-24



# DFY MAP 2024



2023-24

Doctors For You (DFY) is a society, registered under the Societies Registration Act 1860 Section 21 having registration no. F-56886 (Mum) Maharashtra, India. Founded in 2007. Has footprint in 27 Indian states and 200+ districts. Staff of more than 12,00 people working in various capacities across India.

**Our Vision -** Health For All

**Our mission -** Providing sustainable, equitable, effective and efficient health care services to the most vulnerable individuals and communities

**Core Thematic Areas -** Maternal & Child Health Public Health (Cancer, Tuberculosis, etc)  
Health System Strengthening  
Skill Development  
Environment & Sustainability  
Disaster Response

*DFY functions on humanitarian principles of humanity, impartiality, and neutrality.*

*DFY is working in partnership with state governments, district administration, 80+ corporate, international organizations UNICEF, research institutes, ICMR, hospitals, and universities.*

*DFY is acknowledged with Recognition of SIRO by the DSIR, Ministry of Science and Technology, India, and has publications in many reputed research Journals.*



**200+**  
**DISTRICTS**

**4**  
**UNION  
TERRITORY**



**27**  
**INDIAN  
STATES**



# Journey, we started in 2007



**2007-2011**



**2012-2017**



- Registered and launched Asia's 1st platelet donation awareness drive – Mumbai
- Bihar flood relief- 1,30,056 outreached
- Responded to Odisha & Karnataka flood
- Started 1st urban health centre with MMRDA
- SAARC Youth Award for outstanding contribution to Bihar disaster response.
- BMJ Group Award-“Best Team in crisis zone category”-Bihar
- Award for Excellence in Social Service Rally for health

- Uttarakhand , Kashmir, Assam, Bihar, Tamil Nadu flood response
- Started Mankhurd Health Centre with MRVC, NMBT Health Centre- Masarhi Patna and Mahul Health Centre Mumbai
- Launched skill development, Health nutritional programme
- Opened 3rd MCH Centre- Mumbai
- Completed 100 heart surgeries for children



**2018-2023**



- Started Cancer Help-Desk Program
- Started Crop Residue Management Program
- Vistex Hospital, MDJ Hospital, CH Pulwama, MCH Clinic Noida, KPCL Hospital started.
- Orissa cyclone , Acute Encephalitis syndrome, Bihar flood , Covid- 19 , Assam, Bangalore, Uttarakhand, Himachal Pradesh flood relief response
- Health Centre ( Angul Odisha, Belur W.B., Nalwa Haryana) started
- DFY listed among Top 50 NGOs by World Economic Forum, NDTV True Legend Awards, Junoon Award for Diagnostic Services in PPSA, Best International NGO Award, Ketto

# Project of 2023-2024

## HEALTH CENTERS

- *Meena Devi Jindal Medical Institute And Research Centre*
- *BC Jindal Health Centre Dereng Angul Odisha*
- *BC Jindal Health Center, Belur, Howrah, West Bengal*
- *BC Jindal Health Center, Nalwa , Hissar, Haryana*
- *Vistex Doctors For You Hospital Masarhi*
- *CH Pulwama, Jammu and Kashmir*
- *KPCL Yelahanka Hospital, Yelahanka , Bangalore*
- *MRVC Health centre Mankhurd*
- *Zahra Hasanaat health centre*
- *MMRDA- natwar parikh healthcare centre, maharashtra*
- *Baramati Hospital, Maharashtra*
- *Tata Ulva health Center, Mumbai*
- *Lallubhai Healthcare center, Mumbai*

## DISASTER RESPONSE

- *Cold wave Response 2024*
- *Chennai flood 2023*
- *Manipur violence Emergency Response 2023*
- *Himachal Pradesh Flood Response 2023*
- *Sikkim flood response 2023*
- *Noida Flood Response 2023*

## MOBILE MEDICAL UNIT

- *SBI Sanjeevani - Ferozepur, Punjab*
- *SBI Sanjeevani - Mumbai*
- *Powerlink*
- *10 MMU Bojpur - REC*
- *SMFHC Rajasthan and Maharashtra and Gujarat*

## PUBLIC HEALTH PROGRAM (TB)

*TB clinic Govandi, Mumbai*

*ICMR - Dr. Shwetha*

*PPSA -*

- *Bihar*
- *Uttar Pradesh*
- *Assam*
- *Maharashtra*

## NCD

- *Aastha - Helpdesk for cancer patients in 14 Centers*
- *Women Wellness – Comprehensive Cancer Care Mumbai & Raigard*
- *Nutrition support to cancer patients in 11 cancer hospitals*
- *Cancer Screening and Health Camp - Pondicheery, Ramanathapuram, Virudhunagar*
- *NCD screening in Mumbai*
- *GIMS Dialysis*
- *Trisha - Cardia*

## MATERNAL & CHILD HEALTH

- *Holistic Program to Nurture first 1000 Days of Life in Mumbai, Kolkata, Noida*
- *MCH Mumbai- Wipro & BPCL Evening Clinics*
- *Iron Shakti -Howrah, Hooghly*
- *Anemia Screening - Mumbai*

## RESEARCH AND DEVELOPMENT

- *Comprehensive Tribal Management for Decentralized TB Care Services*
- *Trauma Training Effectiveness Research Network*
- *Intubation subgroup analysis*
- *Laerdal Foundation Community Led Approach to Digitally Enabled Health Care for Children Under 5 in India*
- *Anti- Microbial Resistance Stewardship Program*

## HEALTH SYSTEM STRENGTHENING

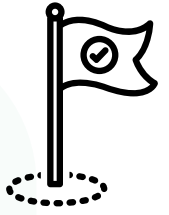
- *Construction support*
- *Equipment support*
- *Infrastructure support*
- *Digital Health- ABDM*
- *Ayushman Bharath*

## TRAINING & CAPACITY BUILDING

- *Nagaland Nursing college*
- *Health Assistant*
- *Garima*
- *Soap For Hope*
- *Linen For Life*
- *Plastic Shredds*



# DFY MILESTONES ACHIEVED (2023-2024)



**TUBERCULOSIS  
PATIENTS NOTIFIED**

164,536+  
TB  
Patients

**MATERNAL & CHILD  
HEALTH CARE**

4010 ANCs  
and 3152  
PNCs  
empanelled

**CANCER PATIENTS  
SUPPORTED WITH PATIENT  
NAVIGATION SERVICES**

202,669  
cancer patient  
supported

**DISASTER MANAGEMENT**

45k+  
Beneficiary

**MMU COMMUNITY  
OUTREACHED**

55k+  
beneficiary  
within 17+  
States

**NCD BENEFICIARIES  
SURVEYED**

105139  
Beneficiaries

**THE AYUSHMAN BHARAT  
DIGITAL MISSION (ABDM)**

9403 HFR  
11927 HPR

**SKILL DEVELOPMENT OF NURSING ASSISTANTS,  
DENTAL ASSISTANT AND HYGIENE  
TECHNICIANS**

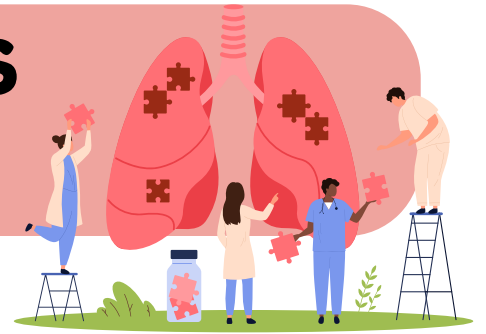
HYGIENE  
TECHNICIAN  
3511

# DFY ACHIEVEMENT HIGHLIGHTS...



- At the **World Conference on Lung Health 2023**, Doctors For You (DFY) showcased its pivotal role in the global fight against tuberculosis, with **Dr. Vaishali Venu, Director of Public Health**, leading the presentation. DFY highlighted its successful Private Provider Engagement (PPE) initiative, developed in partnership with the National Tuberculosis Elimination Program (NTEP). The presentation detailed the workflow, from the initiative's inception to effective case notifications, emphasizing the value of strategic collaborations between government bodies and private agencies in enhancing tuberculosis services. DFY also discussed the significant impact of their efforts and reiterated the crucial role of NGOs in public health, while outlining their future vision for continuing the battle against tuberculosis.
- **HUMANITARIAN AID LOGISTIC BASE AND EMERGENCY COMMAND & CONTROL CENTRES ( EOC) WITH DISASTERACROSS INDIA:** Doctors For You (DFY) has successfully established Humanitarian Aid Logistic Bases and Emergency Command & Control Centres (EOCs) across India to save lives and reduce losses during disasters. These strategic centres are located in Bihar (North & Central India), Assam (North East India), Karnataka (South India), Maharashtra (West India), and Delhi (Central India). Each centre is equipped to manage disaster response efficiently, coordinating rescue and relief efforts, providing medical aid, and ensuring timely support to affected communities
- **Setting Up of Histopathology Unit in Nagaland and Darbhanga:** DFY played a pivotal role in setting up histopathology units in Nagaland and Darbhanga, significantly improving diagnostic capabilities and patient care in these regions.
- **Award by Vice Chairman of NITI Aayog:** In recognition of its exceptional work and impact, DFY was honored with an award by the Vice Chairman of NITI Aayog, highlighting the organization's dedication to improving healthcare and community well-being.

# TUBERCULOSIS PROJECTS



TB is a second leading cause of death from a single infectious agent and one of the top 13th leading causes of death worldwide. However, with proper treatment, up to 85% of those infected can be cured. In India, TB incidence has decreased over the years. However, due to COVID-19, in 2021, over 21.4 lakh TB cases were notified (18% higher than 2020), over 22 crore people screened and over 4,760 molecular diagnostic machines made available across the country. Challenges persist in notifying TB cases from Indian states performing low socio-economically backward and dominated by Tribal populations. Multisectoral action is crucial in reducing TB incidences. It is essential to implement effective evidence-based guidelines for TB management, strengthen the health system and adopt measures for door to door TB screening initiatives and to conduct training and refresher sessions to ensure that the workforce is equipped to provide targeted assistance.



## IN SUMMARY

- ACTIVE CASE FINDING AND STRENGTHENING LINKAGES OF THE TB SERVICES AMONG THE TRIBAL POPULATION
- SUPPORT TOWARDS PRE-TREATMENT EVALUATION (PTE) FOR DR-TB PATIENTS IN SELECTED DISTRICTS OF UTTAR PRADESH
- STREAMLINING LINKAGES TO IMPROVE HEALTH CARE SERVICES FOR TB PATIENTS IN THE SELECTED DISTRICTS
- COMPREHENSIVE TRIBAL TB MANAGEMENT PROGRAM FOR DECENTRALIZED TB CARE SERVICES

1. PPSA BIHAR
2. PPSA ASSAM
3. PPSA UTTAR PRADESH
4. PPSA MAHARASTRA

### TOTAL PATIENTS NOTIFIED-

- ASSAM- 10375
- BIHAR-56463
- MUMBAI- 6073
- U.P- 91625
- KOLKATA- 1871



# KEY RESULTS



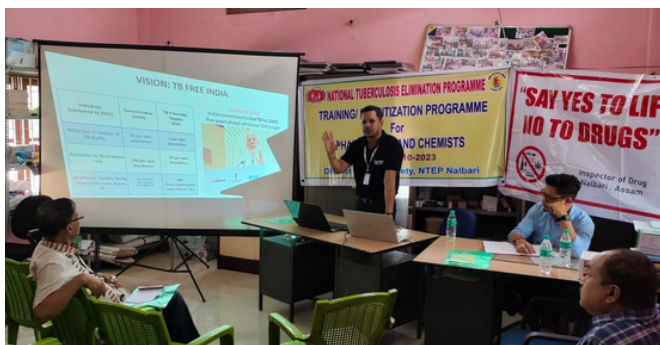
## IMPROVING DISEASE OUTCOME AMONG TB PATIENTS THROUGH NUTRITIONAL INTERVENTION

### PROJECT LOCATION: 10 DISTRICTS OF 5 STATES.

State Name	District Name
Uttar Pradesh	Basti
	Siddharth Nagar
	Sant Kabir Nagar
Meghalaya	East Khasi Hills
Madhya Pradesh	Mandla
Bihar	Muzaffarpur
	Jamui
	Lakhisarai
Maharashtra	Palghar
	Beed

S.No	Period	April 2023 to March 2024				
		Bihar	Uttar Pradesh	Assam	Maharashtra	Kolkata
1	State Name	Bihar	Uttar Pradesh	Assam	Maharashtra	Kolkata
2	District No	12	18	24	MUMBAI - PPSA	-
3	Total X-ray lab	0	0	0	32	-
4	Total X-ray Done	45080	58852	10,183	23,477	-
5	Total Presumptive Sample Collection	35670	45012	20,418	3,549	1,293
6	Total FDC Center	12	18	18	19	13
7	No of Chemist	186	34	834	173	11
8	No of Health Facility	689	633	453	1,196	67
9	No of Lab	179	121	299	115	26

Doctors For You (DFY) has made significant strides in improving patient care and support through a series of impactful initiatives. They distributed **3,979 nutritional kits to 1,078 patients** across various states, ensuring vital nutritional support. Personalized care was provided through successful home visits for **261 patients**. Additionally, DFY facilitated the registration for the Public Distribution System (PDS) for **27 beneficiaries**, encompassing patients and their household contacts. These efforts resulted in an average weight gain of 7 to 8 kilograms among patients, indicating enhanced nutritional status. Furthermore, the effective distribution of nutritional kits substantially reduced the lost-to-follow-up case load, significantly improving patient retention in the program.



## Contributing Partners

- State Health Society
- NHM Assam, Maharashtra, UP, Bihar
- support received from the State TB Cell, Assam, Maharashtra, UP, Bihar
- JOHNSON & JOHNSON PVT. LTD
- Mylan Pharmaceuticals Pvt. Ltd., a Viatrix Company





# Disaster Response 2023-24



## COLD WAVE RESPONSE, 2024

### Locations-

- Gautam Budh Nagar, Noida
- Delhi
- Lucknow

Distributed 1200 blankets, 1800 winter kits and 197 shelter homes were provided, while organizing 107 awareness sessions, benefiting 3000 individuals by disseminating important information to the cold- affected population

-From February 4 to February 14, 2024.

-During the awareness session, 1799 men, 2350 women, and 466 children participated



## CHENNAI FLOODS 2023

- The health response plan for Chennai Flood 2023 covers 15 zones, including Thirvottriyur, Redhills, Kodungaiyur, Royapuram, New Washermenup, Kasimedu, Muthailpet, Chindaraipet, Triplicane, Ayanavaram, Elephant Gate, Thazhambor, Thiruvi ka Nagar, Ambattur, Koratur, Arumbakkam, Villivakkam, Mandaveli, Marina, Cholaimedu, Mylapore, Saidapet, Kodambakkam, Velachery, Perungudi, Pallikaranai, Chemmenchery, Perumbakkam, Kannagi Nagar, Thoraipakkam, and Ezhil Nagar during 12th December 2023 to 24th December, 2023.
- The interventions include health camps offering free check-ups, NCD screening, and medicines, along with maternal and child care services.
- Hospital capacity building and mental health counseling are prioritized. Nutrition, wash, shelter kits, and dignity kits are also proposed for holistic support, focusing on vulnerable populations' needs.

23 health camps were conducted, attended by 633 individuals who benefited from health awareness sessions .

## HIMACHAL PRADESH FLOOD RESPONSE 2023

- In August 2023, Himachal Pradesh faced devastating floods, landslides, and heavy rainfall, resulting in 330 deaths, 38 missing persons, and numerous injuries. Rescue efforts were undertaken by various agencies, with significant infrastructure damage reported.
- The DFY team, with the support of HCL, has been able to reach out to the districts of Mandi and Kullu district, Himachal Pradesh; by organizing 32 Health Camps and 29 Awareness Camps which involves medical check up of 1745 flood affected people and 1664 awareness beneficiaries disseminating important information to the flood affected population.
- DFY also distributed 496 Wash Kits, 1000 Tarpaulins and 400 Mosquito Nets to the flood affected people as relief material during the time of crisis.



Disaster Response	Geography covered (State, Districts or Block)	Donors	Intervention	Beneficiaries
<b>2024</b>				
Cold Waves Delhi 2024	2 District - Central and East District	HCL Foundation	Winter cloth Kit distribution, Blanket distribution and Awareness	2392
Cold Waves Noida UP 2024	1 District - Gautam Budh Nagar	HCL Foundation	Winter cloth Kit distribution, Blanket distribution and Awareness	3097
Cold Wave Lucknow UP 2024	1 District - Lucknow	HCL Foundation	Winter cloth Kit distribution, Blanket distribution and Awareness	2323
<b>2023</b>				
Tamil Nadu Flood Response 2023	3 Districts - Chennai, Chengalpeta, Thiruvallur	HCL Foundation	Health Camps, Soap distribution and Awareness	2217
Manipur Conflict Response 2023	Kangpokpi, Churachandpur, Thoubal,	UNICEF	Health Camps, VHSND, Maternal and Child Care	20103
Himachal Pradesh Flood Response 2023	Kangra	GIVE INDIA, IMC, HCL	sheets, Mosquito Net, Sanitary pads, Soap distribution	18245
Delhi Flood Response 2023	1 District - Central	BC Jindal Foundation	Health Camps, Awareness	345
Noida UP Flood Response 2023	1 District - Gautam Budh Nagar	HCL Foundation	Health Camps, Mosquito Net distribution, Sanitary pads distribution, WASH Kits, Soap distribution	4073



## MANIPUR VIOLENCE EMERGENCY RESPONSE 2023

- Location - 7 districts (Imphal East, Imphal West, Bishnupur, Kakching, Thoubal, Kangpokpi and Churachandpur) of Manipur
- 4 Medical Response Teams deployed in the project operation area from - 9th May to 22nd July, 2023.
- Conducted 95 health camps in 7 districts of Manipur, Improved health access to 3890 patients
- Humanitarian response by Doctors for You includes health camps with free check-ups and consultations, distribution of nutrition, wash, shelter, and dignity kits, hospital capacity building, mental health counseling, maternal and child care, and peace-building efforts through community coordination and awareness initiatives, supported by logistics and technical resources.



## SIKKIM FLOOD RESPONSE 2023

- On 4th October 2023, without warning, a significant Glacial Lake Outburst Flood (GLOF) was released from South Lhonak Lake, located in Sikkim province in North Eastern India, high up in the Himalayas
- In response to this DFY conducted health camp and awareness sessions within Gangtok and Pakyong area which benefited around 512 peoples.
- The health camp awareness session was conducted from 21 October to 25 October 2023 and 19 October to 25 October 2023 respectively.
- The topic of awareness was post flood health issues, personal hygiene, dengue prevention



## NOIDA FLOOD RESPONSE 2023

- Doctors For You conducted the situation assessment from 15th July to 28th July, 2023 after the Series of flood events in the beginning of July month. Based on the assessment, sector 126, 127, 128, 130, 135 etc along with Pusta Road locations of Noida were selected for the intervention.
- The DFY team, with the support of HCL Foundation, has been able to reach out to the affected people Noida by organizing 25 Health Camps and 20 Awareness Camps which involves medical checkup of 1295 flood affected people and 785 awareness beneficiaries disseminating important information to the flood affected population.
- DFY also distributed 400 Wash Kits, 500 Mosquito Nets to the flood affected people as relief material during the time of crisis.

## CONTRIBUTING PARTNERS -

- HCL Foundation
- IMC
- UNICEF
- ZEE
- Give INDIA
- Flipkart

HCLFoundation

International  
Medical Corps

unicef

ZEE

Extraordinary Together

Flipkart  
FOUNDATION

give  
INDIA

# Maternal & Child Health



## HOLISTIC PROGRAM TO NURTURE FIRST 1000 DAYS OF LIFE

Doctors For You (DFY) implements maternal & child health programs in

1. Mumbai's M/East ward,
2. Kolkata West Bengal
3. Gautham Budh Nagar, Noida , UP

targeting vulnerable urban poor communities through routine immunization, malnutrition screening, antenatal/postnatal care, and awareness events. Collaboration with health posts and Wipro Cares ensures RMNCHA services despite COVID-19 challenges. Initiatives cover breast cancer, diabetes, deworming, and World Hand-washing Day and World Water Day celebrations. Additionally, DFY conducts outreach activities for children, malnutrition screening, antenatal/postnatal care services, and awareness campaigns focusing on Water, Sanitation, and Hygiene (WASH). Ambulance Services is also being offered 24/7 emergency transportation for Mumbai Refinery communities in two phases.



**44274** HOUSEHOLDS SURVEYED AND SCREENED



**4010** ANCS AND 3152 PNC'S EMPANELLED



**34** MALNOURISHED CHILDREN WERE ENROLLED TO RECEIVE DAILY NUTRITION SUPPLEMENTS, RESULTING IN THEIR TRANSITION TO A NORMAL NUTRITIONAL STATUS.



**1723** ANAEMIC WOMEN IDENTIFIED AND GIVEN TREATMENT



**5061** NUTRITION COUNSELLING GIVEN TO WOMEN / MOTHERS



**3009** MALNOURISHED ANC GIVEN NUTRITIONAL KIT



**453** AWARENESS SESSION CONDUCTED



**15,434** PEOPLE REACHED THROUGH AWARENESS SESSION



**399** OUTREACHED DATA OF CHILDREN UNDER 2



**358** PREGNANT AND POST PARTUM WOMEN INCLUDING 2 YEARS OF CHILDREN



**4943**

CHILDREN (0-5 YEARS) EMPANELED AND PROVIDED SERVICES

**1314**

CHILDREN GIVEN VITAMIN A SUPPLEMENTATION

**1364**

CHILDREN GIVEN BCG, OPV, ZERO DOSE

**399**

CHILDREN GIVEN DEWORMING TABLETS

## Contributing Partners

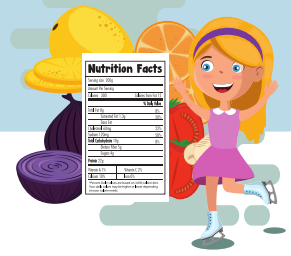
- HCL Foundation
- Bharat Petroleum
- Wipro
- Danone

HCLFoundation





# Nutrition



## IRON SHAKTI & ANEMIA

The Iron Shakti project, a collaboration between Danone and municipal corporations in West Bengal, targets anemia and malnutrition among children, pregnant/lactating mothers, and adolescents through door-to-door screenings, health camps, counseling, and the distribution of nutrition kits and iron-folic acid tablets. Follow-up visits monitor beneficiaries' health progress. In Mumbai's L ward, Metropolis Healthcare Limited supports two projects. The first focuses on adolescent anemia awareness, aiming to increase knowledge through informational materials and street plays, benefiting 54,679 individuals directly and indirectly. Both projects emphasize community engagement and awareness sessions to improve health outcomes.

**2540** TOTAL NO. OF HOUSEHOLD SURVEYED

**528** NO. OF PREGNANT & LACTATING MOTHER IDENTIFIED WITH ANEMIA

**231** NO. OF ADOLSCENT IDENTIFIED WITH ANEMIA

**994** NO. OF MALNOURISHED CHILDREN IDENTIFIED WITH ANEMIA

**21** NO. OF AWARENESS SESSION CONDUCTED



**54679**

DIRECT AND INDIRECT BENEFICIARIES FROM ANEMIA



### Contributing Partners -

- Danone
- Metropolis Healthcare Limited





# CANCER

## PROJECT AASTHA

Project Aastha is a program that works to provide aid to cancer patients during the course of their diagnosis, treatment, and rehabilitation phase. Helpdesk include helping the oncology patients and their caretakers with Hospital registration, lodging information, local accommodation information & guidance Counseling patients & their family Linking the patients to labs & pharmacy Patient assistance in terms of mobility & transfer to the ambulance Finance support application guidance on Government schemes .



AASTHA - PATIENT NAVIGATION SERVICES IN  
CANCER HOSPITALS, INDIA  
8 INDIAN STATES  
14 CANCER HOSPITALS  
4 PATIENT TRANSPORT VEHICLES  
202,669 CANCER PATIENTS SUPPORTED  
THROUGH HELPDESKS  
39345 CANCER PATIENTS AVAILED FINANCIAL  
SUPPORT

- SHRI MAHARAJA HARI SINGH HOSPITAL, SRINAGAR JAMMU & KASHMIR (FACILITY WITH 57,382 ANNUAL PATIENT TURNOUT)
- HOMI BHABHA CANCER HOSPITAL (HBCH), MUZZAFARPUR BIHAR (136 BEDDED FACILITY WITH 64,793 ANNUAL PATIENT TURNOUT)
- TATA MEMORIAL HOSPITAL (TMH), MUMBAI MAHARASHTRA (600 BEDDED FACILITY WITH 26,474 ANNUAL PATIENT TURNOUT)
- DR. B. BAROOHA CANCER INSTITUTE (BBCI), GUWAHATI ASSAM (210 BEDDED FACILITY WITH 19,926 ANNUAL PATIENT TURNOUT)
- HOMI BHABHA CANCER HOSPITAL (HBCH), VARANSI UTTAR PRADESH (500 BEDDED FACILITY WITH 33,012 ANNUAL PATIENT TURNOUT)
- GUJARAT CANCER RESEARCH INSTITUTE (GCRI), AHMADABAD GUJARAT (650 BEDDED FACILITY WITH 59,067 ANNUAL PATIENT TURNOUT)
- SAFDARJUNG HOSPITAL, DELHI (1531 BEDDED FACILITY WITH 36453 ANNUAL PATIENT TURNOUT)
- PT. JAWAHARLAL NEHRU MEMORIAL COLLEGE (JNMC), RAIPUR CHHATTISGARH (95 BEDDED FACILITY WITH 28,101 ANNUAL PATIENT TURNOUT)
- VICTORIA HOSPITAL, BENGALURU KARNATAKA (550 BEDDED FACILITY WITH 41,746 ANNUAL PATIENT TURNOUT)
- ARRIGNAR ANNA MEMORIAL CANCER HOSPITAL (AAMCH), KANCHIPURAM TAMIL NADU (250 BEDDED FACILITY WITH 73,020 ANNUAL PATIENT TURNOUT)
- INDIRA GANDHI INSTITUTE OF MEDICAL SCIENCES (IGIMS), PATNA BIHAR WITH 29,359 ANNUAL PATIENT TURNOUT)
- CANCER INSTITUTE (WAI) ADYAR, CHENNAI TAMIL NADU (535 BEDDED FACILITY WITH 83,765 ANNUAL PATIENT TURNOUT)
- SAWAI MAN SINGH HOSPITAL (SMS), JAIPUR RAJASTHAN (600 BEDDED FACILITY) WITH 59,711 ANNUAL PATIENT TURNOUT)
- JIPMER PONDICHERRY ( FACILITY WITH 53,082 ANNUAL PATIENT TURNOUT)

## WOMEN WELLNESS – COMPREHENSIVE CANCER CARE

The project "Women Wellness – Comprehensive Cancer Care" by Indira IVF Ltd in Maharashtra aims to address healthcare disparities in urban slums of Mumbai and rural areas like Raigad district. Despite Maharashtra's economic advancement, uneven distribution of healthcare services persists. Cancer, particularly neglected, faces barriers like low awareness and economic concerns hindering screenings. Doctors For You (DFY) initiates a 6-month program to strengthen oncology care, focusing on cancer screenings, testing, and awareness. Objectives include conducting health check-ups, providing testing support, introducing breast and cervical cancer screenings via mobile units, and community engagement for awareness. The program targets to enhance access to quality healthcare services, especially for women, combating oncological challenges in the region.

### Key Activities:

1. Conducting NCD health check-ups and cancer screening camps in the community / PHC
2. Providing testing support, referral and robust follow up services to suspected patients
3. Providing breast and cervical screening facility through well-built mobile medical unit
4. Engaging communities and creating awareness related to cancer and lifestyle modifications



1K+  
No. of patients  
supported via "Bridge  
The Gap"

3,391 +  
Beneficiary

# CANCER

## NUTRITIONAL SUPPORT TO CANCER PATIENTS

Providing nutritional assistance to pediatric cancer patients in need of support to improve the health outcomes of pediatric cancer patients from socio-economic backward strata with nutritional support (Protein Supplements). Our “DOCTORS FOR YOU AATHA HELPDESK” under “PROJECT AASTHA” which is supported by “PFIZER” & managed by “DOCTORS FOR YOU” is dedicated to supporting cancer patients by providing them with protein supplements to meet their daily protein requirements. We believe that this can help them maintain their strength and well-being as they undergo cancer treatments.

**728**  
CAMPS WERE  
CONDUCTED

## CANCER SCREENING AND HEALTH CAMP

In partnership with HDFC ERGO, NCD camp was conducted in each and every blocks and villages of the districts Virudhunagar, Ramnathpuram and Pondicherry U.T. Apart from the basic Height, weight, Sugar and BP screening, citizens were also screened for Oral Cancer, Breast Cancer, Tuberculosis, Anaemia, Oral Hygiene, Eye Test, Chest Xray Services, Malnutrition assessment for School students were conducted for a period of 3 months.

**32,665**  
NO. OF BENEFICIARY  
FOR CAMPS



### Contributing Partners -

- PFIZER
- Indira IVF
- HDFC Ergo Phase





# HEALTH CENTERS

## DIALYSIS, GIIMS, GREATER NOIDA, UP

- Started in Jan 2024
- Provided dialysis facility at GIIMS, Greater Noida, UP including IPD and OPD



**408**  
BENEFICIARY

## CONGENITAL HEART DISEASE

In India, given the prevalence rate of CHDs (9/1000), more than 200,000 children are born with congenital heart diseases (CHDs) every year. Nearly 4.2% of neonatal deaths in the first 28 days of birth and 48% of the deaths within 1 year of age occur due to CHDs. CHDs are also associated with cognitive disabilities. With proper medical treatment, survival rates of the infants and children get improved. With DFY-USA support, 97 Congenital Cardiac Surgeries of 70 % infants and children have been facilitated with medical assistance With total beneficiary about 500+.

Providing medical assistance to patients in need of treatment for cancer, chronic diseases and support surgeries of infants and children born with congenital heart diseases.

- 1.To support children suffering from heart diseases
- 2.To provide assistance for treatment to patients suffering from chronic Kidney disease (CKD)
- 3.To provide assistance for diagnosis and treatment of cancer patients
- 4.To support destitute for medical treatment and inpatient support



## NON- COMMUNICABLE DISEASE

The initiative aims to enhance the prevention and management of Non-Communicable Diseases (NCDs) such as hypertension and diabetes in adults over 30 years in L Ward, Mumbai. With rising NCD rates in India, the program integrates NCD management into Primary Health Care Facilities, offering counseling to 90% of detected cases and improving follow-ups for 95% of patients through a call center. Interventions focus on lifestyle management and community engagement. L Ward, with a population of 7.78 lakh and high population density, has the highest proportion of slum settlements and the lowest human development index in Mumbai.

**1,05,139**  
BENEFICIARIES  
SURVEYED

**4670**  
PATIENTS COUNSELLED

## Contributing Partners -

- DFY USA
- Metropolis Healthcare Limited







## MEENA DEVI JINDAL MEDICAL INSTITUTE AND RESEARCH CENTRE

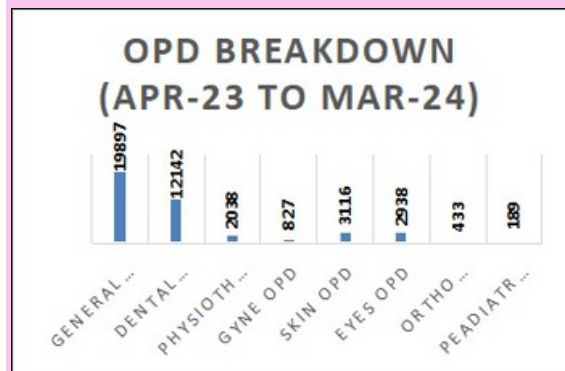
Doctors For You and Meena Devi Jindal Medical Institute and Research Centre signed a Memorandum of Understanding (MOU) on May 16, 2022, which has since been successfully implemented. The project has provided affordable and comprehensive healthcare services to over 20,000 patients from marginalized and vulnerable communities.

## MRVC HEALTH CENTRE MANKHURD

The MRVC Health Centre in Mankhurd, Mumbai, operates from 2023 to 2024, funded by MRVC and MMRDA. Daily OPD services offer primary healthcare, dental treatment, and physiotherapy. Weekly special OPDs focus on ophthalmology, dermatology, and gynecology. Monthly awareness sessions cover various health topics. The center aims to provide comprehensive healthcare services, addressing both common ailments and specialized medical needs in the community.

## KEY RESULTS

**43,389** OPD Footfall  
**9,351** Beneficiary for Support Services



1080 BENEFICIARIES PER YEAR FOR AWARENESS SESSION

1589 SPECIAL OPD SERVICES

26458 DAILY OPD SERVICES







## BC JINDAL HEALTH CENTER DERENG ANGUL ODISHA

JITPL and DFY established the BC Jindal Health Center in Derang village, Angul, aiming to offer quality healthcare to economically disadvantaged populations from December 2022 to March 2025. Services include consultations, dental, gynecology, ophthalmology, day care, pharmacy, lab, and NCD screening. Awareness camps cover dental health, cold wave protection, UTIs, oral health, NCDs, and cancer prevention. Environmental pollution from industrialization poses health risks, exacerbated by the COVID-19 pandemic. The partnership addresses these challenges by providing healthcare services and promoting health awareness, particularly NCD screening, aiming to improve health outcomes in the region.

## BC JINDAL HEALTH CENTER, BELUR, HOWRAH, WEST BENGAL

The B C Jindal Community Health Center in Belur, Howrah, aims to offer quality healthcare services, with a focus on economically disadvantaged populations in slum areas. The project addresses the health challenges stemming from urbanization and industrialization, which contribute to environmental degradation and health issues. The objectives include providing accessible and affordable healthcare, particularly for the economically weaker sections, and improving overall health outcomes. The initiative offers free medical services such as consultations, pharmacy, ECG, day care, NCD screening, and community awareness camps.

## BC JINDAL HEALTH CENTER, NALWA , HISSAR, HARYANA

JITPL and DFY established the BC Jindal Health Center in Nalwa , Hissar, Haryana, aiming to offer quality healthcare to economically disadvantaged populations. Services include Primary treatment. Awareness camps for oral health, NCDs, and cancer prevention. Environmental pollution from industrialization poses health risks, were also held .



## KEY RESULT

**10,118**

Direct Cumulative  
beneficiaries (OPD + Awareness)

**50,590**

Indirect Cumulative  
beneficiaries (OPD + Awareness)

**706+**

beneficiaries (OPD +  
Awareness)

**2,866**

Beneficiary  
for Community  
Awareness

**5,852**

Beneficiary  
for Medical  
Consultation till date







## ZAHRA HASANAAT HEALTH CENTER

Zahra Hasanaat, Star Chemical, and Doctors for You (DFY) collaborate to improve socio-economic and health indicators in Mandala Mankhurd West, Mumbai. The Mandala Health Center, operational since January 2017, offers daily services including general and specialized OPDs, immunization, growth monitoring, family planning, malnutrition treatment, and adolescent health services. Specialized services are backed by nursing and pharmacy facilities, making quality healthcare accessible and affordable to over 70,000 residents. DFY conducts health awareness activities through community engagement, aiming to provide comprehensive preventive, promotive, and curative healthcare services to the community.

**3,346** beneficiary for immunization

**1,115 & 243** beneficiaries for Vitamin A5 & Deworming

**37,358** Total Beneficiaries

## LOK NAYAK HOSPITAL, DELHI

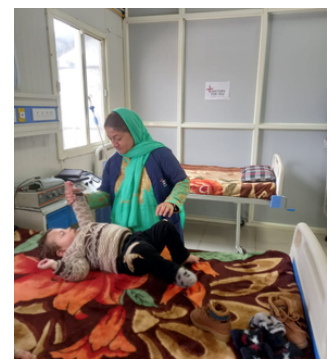
Doctors For You (DFY), supported by the HCL Foundation, addressed healthcare challenges at Lok Nayak Hospital, which faced a daily footfall of 8000-10000 patients and a surge in flu cases in April 2023. DFY provided 10 staff members, including 4 nursing orderlies and 6 data entry operators, to manage patient care and data efficiently. From July 2023 to March 2024, the hospital successfully handled 74,352 patients. DFY also trained staff on patient care protocols and data management, ensuring adherence to the Ministry of Health and Family Welfare's guidelines to maintain high standards of healthcare delivery.

FROM JULY 2023 TO MARCH 2024, THE HOSPITAL SUCCESSFULLY HANDLED 74,352 PATIENTS

## CH PULWAMA, JAMMU AND KASHMIR

The physiotherapy department has been operational in the Community Health (CH) Center in Pulwama. Additionally, Doctors For You is currently involved in the SMHS Hospital's radiation and oncology department through the Aastha project and is also managing the physiotherapy department in CH Pulwama.

**32,706** TOTAL BENEFICIARY



# MMRDA- NATWAR PARIKH HEALTHCARE CENTRE, MAHARASTRA

The health centre in Natwar Parekh area is functional since 2010. The services are provided on daily basis by the team of doctors, paramedical staffs and outreach workers. The main aim of services, provided by DFY for the betterment of women and Children services are provided at the health centers on daily basis like General health checkup, Dental OPD, Tuberculosis treatment, Routine immunization, Family planning with maternal & child health services. In the health centre at Natwar Parekh specialized services i.e., Gynecology OPD, Malnutrition screening, Family planning etc. are also provided at the health care centre. The OPD services are backed up by pharmacy.



STATISTICS FOR THE NATWAR PAREKH CLINIC -2024			
SR.NO	CATEGORY	2023	2024
1	Total Patients treated	9960	11070
	New	8839	10394
	Follow-up	1121	676
2	Total Dental Patients	990	1444
	New	789	1315
	Follow-up	201	129
3	Total DOTS Patients	394	417
4	Total Chronic disease OPD Patients	123	481
5	Obstetrics and gynaecology OPD	282	219
6	Total ANC Patients	131	149
7	Malnourished Children registered	135	189
8	Dermatology OPD	193	382
9	Ophthalmology OPD	108	-
	Services Provided		
10	Total Family Planning Cases	943	1521
	Condom	817	1238
	Mala-N	126	283
11	Vitamin A Supplantation	267	829
12	De-worming	898	1920



## BARAMATI HOSPITAL, MAHARASTRA

- **Promoting Public Health:** We ensured the well-being of our community by offering COVID-19 testing, vaccination, and the necessary care and support during the pandemic, creating a safer environment for all.
- **Accessible Healthcare:** We provided accessible and high-quality healthcare services through our mobile medical units and outpatient departments, reaching even the most remote areas.
- **Non-Communicable Disease Management:** We worked diligently to prevent and manage non-communicable diseases (NCDs) such as diabetes, hypertension, and cardiovascular diseases, enhancing the overall health of our community. Merck's support greatly facilitated these efforts.
- **Tuberculosis Control:** We were dedicated to tackling tuberculosis (TB) through early detection, treatment, and education, contributing to the eradication of this infectious disease.
- **Advanced Diagnostics:** We offered advanced diagnostic services, including CT scans, to ensure accurate and timely diagnosis and treatment of various medical conditions.
- **Emergency Response:** We provided portable COVID-19 care units, ensuring immediate and effective care for those affected by the virus, further containing its spread. Merck's contribution was pivotal in our emergency response efforts.
- **Community Empowerment:** We empowered individuals through health education and other unspecified activities, fostering a sense of responsibility for their own well-being.



The hospital is able to meet the demands of up to 100 patients at once. It has 100 beds, inclusive of 20 ICU beds. This centre differs from others as it focuses on the patient's overall health, including Yoga and deep breathing exercises, frequent SPO2 level monitoring, blood pressure monitoring, and insulin monitoring for diabetic patients.



## KPCL YELAHANKA HOSPITAL, YELAHANKA, BANGALORE

The medical organization offers daily OPD services including general healthcare, dental treatment, and physiotherapy. In IPD, it provides services at concession rates, including X-ray, lab tests, and ophthalmology. Key activities involve awareness sessions and health camps, often in partnership with organizations like Accenture and HDFC. Notable events include screening camps for NCDs, eye tests, and dental care in various locations. Additionally, it extends medical support for sports events and inauguration ceremonies. Projects focus on vulnerable populations, with extensive screening efforts for conditions like cancer and malnutrition, showcasing a commitment to comprehensive healthcare access and community outreach.



## KEY RESULTS

HEALTH CAMPS FOR VULNERABLE AND MARGINALISED SECTIONS

**383**

TOTAL CAMPS







## VISTEX DOCTORS FOR YOU HOSPITAL MASARHI

**40 +**  
FREE SURGERIES  
**18569**  
OPD

Masarhi, a rural village southeast of Patna, Bihar, faces significant healthcare challenges. To address these, the 30,000-square-foot Vistex Hospital was established in Fatuha, Patna district, and designed for future expansion. Currently, it serves over 200,000 people from Patna and Nalanda districts and attracts patients statewide for its CT scan services. Supported by the Kaleeswari Foundation, the hospital has conducted over 40 free surgeries this fiscal year, highlighting its role in addressing critical healthcare needs in the region.

Vistex Hospital treated 661 inpatients and 149 daycare patients. It managed 1,129 emergency cases, including severe road traffic accidents, poisoning, heart attacks, and electric shocks. Additionally, 629 minor procedures and 26 free normal vaginal deliveries were conducted. Services for 341 antenatal mothers and 1,640 physiotherapy sessions were provided. Pathology services conducted 17,099 tests, benefiting 14,498 individuals. Dental services aided 702 beneficiaries, while pharmacy services were availed by 17,854 individuals. Radiological services included 2,913 X-rays and 847 CT scans. The hospital also provided 40 dialysis sessions, 114 general and gynecological surgeries, and 4 major head and neck cancer surgeries. The comprehensive range of services offered by Vistex Hospital underscores its vital role in improving healthcare access and outcomes in rural Bihar.







# Skill Development



GARIMA: DIVERSEY SCHOOL OF HYGIENE

3511

HYGIENE TECHNICIAN

992

FOOD HANDLER

653

SPECIAL TRAINING  
(COVID-19 CHEMICALS  
REFRESHER)

35,788

(COVID-19  
CHEMICALS REFRESHER)

1,210,665

TOTAL NO. OF BENEFICIARIES

23,517

NATWAR PAREKH HEALTH  
CENTRE & TREATMENT

19

STATES



## ACTIVITIES CONDUCTED-

- IYCF Nutritional Counseling and training of mothers.
- Follow up visit of the child every fortnight.
- Follow up of the treated child.



# RESEARCH



**1. The "Comprehensive Tribal TB Management Program for Decentralised TB Care Services,"** funded by ICMR and led by Doctors For You (DFY), commenced in February 2023 across 10 sites, including Mandla district, Madhya Pradesh. DFY implements the project using a community-led approach where volunteers identify TB suspects, who then undergo x-rays with portable devices. Symptomatic individuals provide sputum samples, transported to a NAAT site for confirmation. Confirmed cases receive treatment from the District NTEP. In its first year, the project achieved a 10% increase in TB notifications in the district, continuing its efforts towards TB elimination.

**2. Trauma Training Effectiveness Research Network (KI- TERN), Karolinska Institutet (Org.no 202100-2973), Department of Public Health Sciences, 171 77 Stockholm (KI)**

The Trauma Training Effectiveness Research Network (KI-TERN) at Karolinska Institutet is conducting a pilot study to assess the feasibility of a cluster randomized controlled trial. This trial compares the effects of Advanced Trauma Life Support® (ATLS®) and Primary Trauma Care (PTC) with standard care on patient outcomes. Doctors For You (DFY) serves as a Co-Investigator, coordinating recruitment, data collection, analysis, and publication. DFY also conducts community consultations alongside the trial. International and national partners include Karolinska Institutet, Lokmanya Tilak Municipal Medical College & General Hospital, Seth GS Medical College and KEM Hospital, RN Cooper Hospital, Medica Superspecialty Hospital, Kolkata Medical College, and NRS Medical College.

**3. Laerdal Foundation (NO 940076722), PO Box 556, Santrum, N4003, Stavan**

Doctor For You is part of a cohort study examining the association between intubation and all-cause 30-day mortality in adult trauma patients, as well as the association with 24-hour mortality, in-hospital complications, and quality of life. This ongoing 10-year collaborative project involves national partners such as All India Institute of Medical Sciences (AIIMS) New Delhi, Seth GS Medical College and KEM Hospital Mumbai, Institute of Post Graduate Medical Education & Research (IPGMER S.S.K.M. Hospital) Kolkata, and Lokmanya Tilak Municipal Medical College & General Hospital Mumbai, Norway, INTUBATION SUBGROUP ANALYSIS .Laerdal Foundation(LF-TERN)

**4. Anti- Microbial Resistance Stewardship Program**

The project aims to digitize the microbiology departments of government medical colleges by implementing a surveillance system to collect Antimicrobial Susceptibility Testing (AST) results, monitor resistance trends, analyze prescription slips, and establish stewardship programs to improve antimicrobial management. National partners include HBCH&RC in Muzaffarpur, Bihar, while international collaboration is with the University of Oslo, Norway.

# RESEARCH



## 5. IeDA- A Community Led Approach to Digitally Enabled Health Care for Children Under 5 in India (Terre Des Hommes Foundation Lausanne)

IeDA, incorporating consultation tools and health information management tools, is implemented in Jharkhand, India, with the Ministry of Health and Doctors For You (DFY). DFY conducts healthcare worker training, data collection and analysis, monthly supervision meetings with the district health management team, quarterly healthcare worker performance reviews, advocacy meetings, and experience sharing sessions. They utilize ANMOL tablets provided by the government for reporting and data management. The international partner is Terre des Hommes Foundation, Lausanne. This enhanced version of IeDA aims to improve diagnosis, treatment quality, and health information system management in one of India's poorest states.

### Contributing Partners -

- Lokmanya Tilak Municipal Medical College & General Hospital, Mumbai
- Seth GS Medical College and KEM Hospital, Mumbai
- R.N. Cooper Municipal General Hospital, Mumbai
- Medica Superspecialty Hospital, Kolkata
- the Kolkata Medical College and Hospital (Calcutta Medical College)
- the Nil Ratan Sircar (NRS) Medical College and Hospital, Kolkata
- All India Institute of Medical Sciences (AIIMS), New Delhi
- Institute of Post Graduate Medical Education & Research (IPGMER S.S.K.M. Hospital) Kolkata
- HBCH&RC Muzaffarpur Bihar
- Karolinska Institute, Sweden
- Laerdal Foundation, Norway
- Terre Des Hommes Foundation Lausanne Avenue De Montchoisi 15 1006 Lausanne Switzerland
- University of Oslo, Norway
- Ministry of Health and Family Welfare
- Government of India and Medical & Academic institutes across 10 Indian States



## HEALTH SYSTEM STRENGTHENING- CONSTRUCTION

### 1. Bone Marrow Transplant Unit Development at Post Graduate Institute of Child Health, Noida, UP

#### Key Activities:

1. HVAC unit, negative pressure airflow
2. Non-permeable non-porous wall, ceiling and floors
3. Dual entry and exit auto barriers; with glass and biopass gates

### 2. Cancer Clinic Oncology Laboratory & Day Care Darbhanga Medical College & Hospital Distt. -Darbhanga, Bihar

**Key Activities:** At full capacity, the facility will deliver treatment services to 25-30 patients daily including consultations, diagnostics and approximately 100 chemotherapies monthly. With the potential for increased demand as awareness grows. In its first operational week itself, the lab served 11 patients.

1.

## HEALTH SYSTEM STRENGTHENING-EQUIPMENT DONATION

### 1. Establishment of Dialysis unit at Rajeev Gandhi Super Specialty Hospital (RGSSH), Delhi

Donation of 2 dialysis machine & 1 unit of 250 LPH R.O. plant with SS Pump for the welfare of patient care at RGSSH.

### 2. STRENGTHENING CAPACITY FOR THE CLINICAL MANAGEMENT OF PEDIATRIC POPULATION BY INFRASTRUCTURE DEVELOPMENT AT (AIIMS) Delhi

Multiple radiant warmer, a hybrid incubator, an echocardiography machine and a pasturizer are donated which enhance the ability of care provided to the newborn. strengthen capacity of Pediatric Intensive Care Unit (PICU), Neonatal Intensive Care Unit (NICU) and Pediatric wards of the Pediatric Department of AIIMS, Delhi.

### 3. Swasth Pradesh Abhiyaan Intervention in Gautam Buddha Nagar, Uttar Pradesh.

The collaboration between TPTCL and DFY Donated 5 Water Cooler & 6 Sanitary Pad Vending Machine at Bhangel CHC, Kanya Intercollege & Navjeevan Intercollege. The intervention aims to empower girls and women while fostering a healthier community

### 4. Preservation and Progress: Enhancing Heritage Sites with Essential Amenities such as 5 PET bottle crushers, 6 wheelchairs, 24 first aid kits components, 4 dustbins, and 2 metal detectors at Jantar Mantar & Hauz Khas, Delhi .

The project aims to bridge the gap between historical preservation and modern visitor expectations.

### 5. Strengthening of Public Health Systems at Department of Pediatrics at AIIMS, New Delhi .

The project intends to strengthen the pediatric department of AIIMS Delhi by donating 52 beds to the hospital.

### 6. Supporting Congenital heart surgeries in infants and children of NCT of Delhi and Bengaluru

Doctors For You aims to support newborns and children with congenital heart defects, addressing surgical costs, medical needs, and expanding access to specialized treatment, raising community awareness, and addressing societal barriers for lower-income individuals. The incorporation of essential amenities such as PET bottle crushers, wheelchairs, first aid kits etc



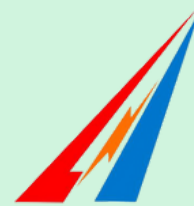
# HEALTH SYSTEM STRENGTHENING- EQUIPMENT DONATION

1. Support for Hand held Portable Digital X-Ray System at TB and Chest Diseases Hospital Puducherry
2. Installing 10 bed ICU in GB Pant Hospital ( Andaman and Nicobar Institute of medical science), Andaman and Nicobar Islands
3. Setting up Urology Department at GGS Medical Hospital, Baba Faridkot University, Punjab
4. Enhance essential healthcare services and improve patient outcomes at Maharani Mother & Child (Ghosha) Hospital, Vizianagaram by hospital capacity building through essential equipment donation.
5. Support for Electromechanical Motorized ICU Beds at Command Hospital, Chandimandir.



## Contributing Partners -

1. Give India
2. Powerlinks Transmission Limited
3. Tata Power Trading Company Limited
4. PNB Gilts Limited
5. United Way Mumbai
6. HDFC ERGO GENERAL INSURANCE
7. Boeing
8. Ascendum
9. Adobe
10. HDFC BANK



POWERLINKS TRANSMISSION LIMITED  
(A Joint Venture of TATA Power & Powergrid)



(Subsidiary of Punjab National Bank)



TATA POWER TRADING COMPANY LIMITED

# RARE DISEASES

- A rare disease is a disease that affects a small percentage of the population. In some parts of the world, the term orphan disease describes a rare disease whose rarity results in little or no funding or research for treatments, without financial incentives from governments or other agencies.
- DFY conducted a comprehensive range of activities at the help desk to support patients and caregivers effectively. These activities included registering both new and old patients, with a special focus on those with genetic and rare diseases. They provided information on accommodation and travel support to numerous patients and assisted a significant number in navigating hospital facilities, such as OPD, wards, labs, and coordinating special blood tests. Additionally, DFY guided patients through hospital processes, offered wheelchair and stretcher support, and assisted in surgery processes. They also supported patients in applying for government funds and helped many avail financial support through government schemes. Beyond logistical support, DFY conducted emotional support and counseling sessions, benefiting both patients and caregivers, thereby enhancing the overall healthcare experience and outcomes.

- IndiraGandhi Hospital, Karnataka Bangalore
- Maulana Azad Medical College New Delhi
- Aiims, Bhopal, Madhya Pradesh



673

Patients Help through Help Desk



598

of patients who have undergone the treatment



SOAP FOR HOPE

LINENS FOR LIFE

PLASTIC SHREDDS

5,39,556

2,17,802

8

States

2

States

1

States



## INTERVENTION AREAS

**Soap For Hope Garima:  
Diversey School of Hygiene**

- Hygiene Technician Food
- Handler Special Training
- (Covid-19 Chemicals Refresher) Beneficiary
- Refresher Training

**Linens For Life Covid  
Hospital Support**

- Hyginizer Kit
- Sanitizer Distribution

**Contributing Partners -**

- Diversey India (Solenis Company)
- Ishwar Devi Khattar Charitable Trust





MOBILE MEDICAL SERVICE  
BHARAT PETROLEUM

# MOBILE MEDICAL SERVICE UNIT

DOCTORS  
ARE ALWAYS  
HERE TO CARE

MEDICAL SERVICE

MO



- SBI sanjeevani - Clinic on wheels
- Doctors Aapke Dwar, Bhojhpur
- Swatantra Medical Camp
- Health camps through mobile medical teams in vulnerable communities in the urban slums surrounding the Mafffl premises
- Sehat Ka Safar health and eye check-up : PAN India
- Swasth Pradesh Jan Sahyta Abhiyan
- Enhancing access to maternal and child healthcare services in Manipur

62,629  
TOTAL NO OF BENIFICIARY

195+  
AWARENESS SESSION

23+  
AREA COVERED FOR  
SWACHH  
BAHARAT ABHIYAN CAMP

MAHA DALIT TOLA -  
40611

TOTAL CAMPS-  
1,241

STATES COVERED  
17+

### ACTIVITIES CONDUCTED-

- Daily MOPD
- Awareness session (One Per Month)
- Medical Special Health Camp (Quarterly)
- Swachh Bhart Abhiyan Camp (Quarterly)
- Free medicine provision
- Referral and Tie up with Government Health Facilities
- ANC checkups, accompanied by the provision of IFA supplementation, multivitamins, and calcium tablets for pregnant and lactating mothers
- VHSND sessions were executed,



### Contributing Partners -

- SBI FOUNDATION
- REC Foundation
- Svatantra Microfin
- MAFFFL
- Kotak Education Foundation
- Powerlink Transmission Limited
- UNICEF



LA Joint Venture of TATA, Power & Powergrid

# BRIDGE THE GAP

Providing medical assistance to patients in need of treatment for cancer, chronic diseases and support surgeries of infants and children born with congenital heart diseases.

- To support children suffering from heart diseases
- To provide financial assistance for treatment to patients suffering from chronic Kidney disease (CKD)
- To provide medical assistance for the diagnosis and treatment of cancer patients
- To support the destitute for medical treatment and inpatient support



183+

CANCER  
BENEFICIARY  
SUPPORTED



- **VMMC Safdarjung Hospital - DELHI**
- **(Lok nayak hospital) Delhi**
- **Homi Bhabha Cancer Hospital -Bihar**
- **M.P Shah Cancer Hospital -Gujarat**
- **Pt. Jawaharlal Nehru Memorial College (JNMC), Raipur Chhattisgarh**
- **CH - Pulwama**





## THE AYUSHMAN BHARAT DIGITAL MISSION (ABDM)

aims to revolutionize healthcare delivery in India through digital technology, with Microsites serving as focal points for integrating small to medium healthcare facilities into the digital health ecosystem. Managed by Doctors For You (DFY), the project spans across Uttar Pradesh, Madhya Pradesh, Chandigarh, and Bihar. Microsites are categorized into A and B, with activities including identification, mapping, recruitment, capacity building, and outreach. The launch ceremonies underscored the initiative's alignment with Ayushman Bharat's mission. Progress includes stakeholder engagement, hands-on support for healthcare professionals, facilitating ABHA ID acquisition, continuing medical education, and coordination with development partners, with regular progress sharing mechanisms in place.

## AYUSHMAN BHARAT PROGRAM:

This flagship program aims to provide quality healthcare to the underserved. Collaborating closely with district authorities, our goal is to streamline processes and align with existing strategies for effective implementation. Under the Uday beneficiaries' program in Gautam Budh Nagar, we plan to expand catchment areas and strategize to increase enrollment in the Ayushman Bharat scheme.



33

- 9403 HEALTH FACILITY REGISTRY(HFR)
- 11927 HEALTHCARE PROFESSIONALS REGISTRY (HPR)
- 270 HMIS

33

11,476  
BENEFICIARIES ENROLLED  
20,369  
BENEFICIARIES OUTREACHED

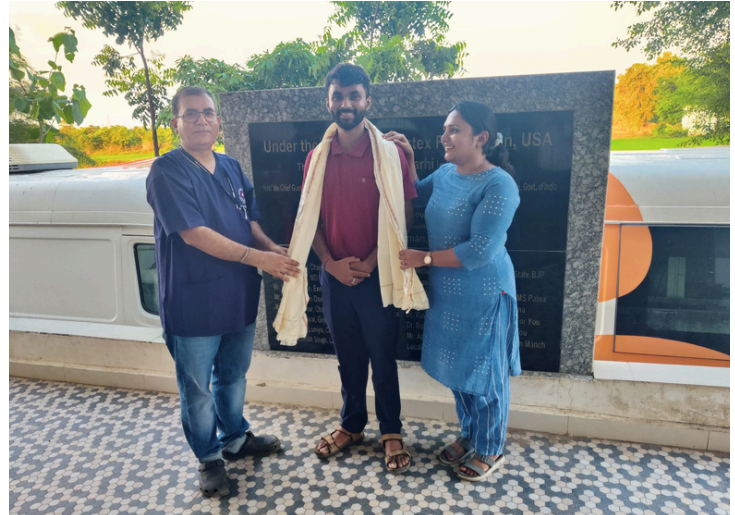


# INTERNSHIP/ VOLUNTEERSHIP

Doctors For You (DFY) has implemented a comprehensive internship and volunteer program in collaboration with various corporate entities, aimed at enhancing public health outreach and community welfare. Across multiple locations such as Mumbai, New Delhi, Chennai, Kolkata, Bangalore, Ahmedabad, Jaipur, and Patna, volunteers actively participated in health camps, cancer awareness sessions, and other community support activities. These collaborative efforts underscore DFY's commitment to leveraging volunteer participation to address public health needs and foster community engagement.



399 adobe employees came forward for donating blood.



A sports event was organized by Adobe for School Kids for which DFY provided Medical & Ambulance Support. Total Children Participated - 600



## CONTRIBUTING PARTNERS -

- HDFC ERGO
- ADOBE
- MEDIMINDS
- JOHNSON & JOHNSON PVT. LTD,





## Governing Body

## Management Team



**Dr Ravikant**  
Founder



**Dr Rajat Jain**  
President



**Dr Nidhi Singh**



**Saket Jha**



**Dr. Praveen Kumar**  
Gupta



**Dr Vineet Maheshwari**



**Dr. Naresh Kumar**  
Gupta



**Dr. Tanya Sehgal**

## Executive Body



**Dr Vaishali Venu**



**Shandeepan G**



**Sunny Borgohain**



**Dr Shweta Arora**



**Jacob Oomen Arikupuram**



**Dr Prakerti Kashyap**



**Rakesh Rane**














# Govt or Partner Social media update/ Letters/ Awards/ Other recognition

 **Ministry of Health**   
@MoHFW\_INDIA  ...


माननीय @rajendraarlekar, @GovernorBihar द्वारा टीबी रोगियों को पोषण किट का किया गया वितरण। साथ ही उन्होंने लोगों को टीबी मरीजों के सहयोग ज़िम्मेदारी लेने के लिए किया प्रेरित।

#TBHaregaDeshJeetega

[Translate post](#)



9:45 am · 18 Feb 2024 · 7,036 Views

 **Meghalaya Legislative Assembly Channel**  
7 days ago

The Office of District Tuberculosis Officer, East Khasi Hills District today organized a...[Read more](#)




Programme on Ni-Kshay Mitra project for TB patients held

[@megassemblychannel](#)

[@MLA\\_Channel](#)

[@MeghalayaAssemblyChannel](#)

 56





# TESTIMONIAL FROM PARTNERS



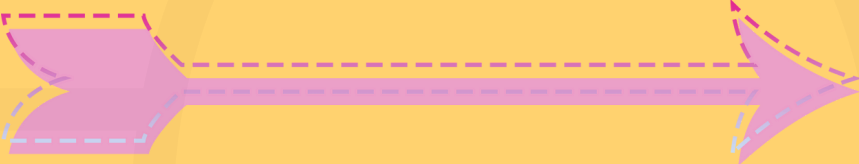
**Dr. Rashi**  
CGF

"I have collaborated with Doctors For You over a diverse set of projects ranging different levels of expertise and involvement. Their Pan-India presence, strong on-ground team, and extensive stakeholder experience have been invaluable in fast-tracking processes and achieving project outcomes. DFY's vast network of doctors has helped us leverage the technical expertise in actioning the projects from ideation to on ground implementation fairly quickly. It has been incredibly rewarding to ideate new project models with DFY, and Dr. Prakeri and I look forward to continuing our impactful and innovative work together."



**M D Khattar**  
J R KHATTAR  
CHARITABLE TRUST

"The J R KHATTAR CHARITABLE TRUST, DEONAR is associated with the DFY(DOCTORS FOR YOU) and is supporting the Ishwar Devi Khatter Health Clinic for the last three years. It is heartening to see that the quality of the OPD services including the Dental OPD is improving . The improvement is continuing and with the focussed efforts I am sure the residents around the Natwar Parekh area will continue to get dedicated services and would be benefitted by the team managing the Health Clinic. All the best."



**Gajanan Ingle**  
State PPM  
Coordinator - Mumbai

"Doctors For You has proven to be an invaluable partner in our district's fight against tuberculosis. Your unwavering commitment to excellence, accuracy, and efficiency in collecting TB notifications and facilitating confirmation tests has had a positive and lasting impact on our TB control program. Thank you for your dedication and commitment to improving the health and well-being of our community.."